



BE THE MESSAGE

YOU RECEIVED CHRIST JESUS, THE MASTER,
NOW LIVE HIM.

— COLOSSIANS 2:6 (MSG) —

*You are confirmed for the ORU
Christian School Finals Competition
May 23-28, 2010.*

We are enthusiastically awaiting your arrival as we finalize preparations for this year's Olympic-style competition. This confirmation newsletter is aimed toward providing helpful information as you make final arrangements to attend Competition. Included in this edition are tips, announcements and reminders to equip you with tools for success at CSFC. Please let us know if you have questions. We are here to serve you.

Tips for a Successful Competition

1. **Come prepared.** Rehearse, practice and be ready to go so that you will perform at your best.
2. **Plan your days.** Find out where you need to be and when you need to be there. Then schedule other activities or events to attend.
3. **Be confident.** You've practiced, rehearsed and studied for your events. Have confidence in your preparation, go in there and perform to your best ability. Trust the Lord to be with you through it all.
4. **Set out to grow.** This is the perfect time to examine yourself and set new goals. What good habits do you want to adopt? What changes do you want to make in your life? Start this week!
5. **Get to know some students from other schools.** Just like you, there are talented individuals at Competition with a God-given destiny. Meet someone new.

CSFC INFO

For a complete listing of CSFC guidelines, see the Competition Handbook at <http://competition.oru.edu> (password: closer2God)

SCHEDULE

The Competition Schedule as well as all scheduled performance times and brackets are posted online at competition.oru.edu. Please check the schedule and notify the Competition Office prior to your arrival if you have conflicts. We will work to resolve these as much as possible. Remember bracketed events take precedence when there is a conflict.

Additionally, if you have any questions about an event or any other part of Competition, call us as soon as possible. Our goal is to have as many of your questions resolved before you arrive, allowing your time at Competition to be as enjoyable as possible.

FOR YOUR SAFETY

- The Competition is a private event.
- Only students actually participating in the Competition are permitted on campus; participants are not permitted to leave campus during the week.
- Identification issued to participants will be required for access into the cafeteria, dormitories and other facilities.
- Curfew each night is 10:30 p.m. Every student must be in his/her dorm room by this time.
- Sponsors, if your students arrive at the dorm after curfew, they will not be allowed to go to their rooms until the hall director can reach you to escort your student to their rooms.

HOTEL INFORMATION

Below is a list of some hotels near ORU that you may contact to arrange accommodations for early arrivals or late departures.

Tulsa Hilton Southern Hills - 1.918.492.5000 and mention "ORU Finals Competition." A discounted rate is available.

Days Inn South - 1.918.299.8511

Holiday Inn Express Hotel & Suites - 1.918.296.7300

Marriott Southern Hills - 1.918.493.7000.

Contact the Competition Office for more detailed information.

ACCOMMODATIONS

Remember bed linens for your room and towels, but do not bring television or video game equipment to the Competition. For a complete list of items not to bring please refer to page 8 in the Competition Handbook.

THINGS TO BRING

- Bedding: sheets (twin bed), blanket, pillow
- Towels, toiletries
- Bible, pen, notebook/journal
- Tennis shoes
- Sunglasses, sunscreen
- Water bottle
- Spending money
- Telephone & phone wire, phone cards
- Umbrella (just in case)
- Sweatshirt or jacket
- Dress clothes for Awards Ceremony

The dorm rooms at ORU are equipped with microfridges (combination microwave/refrigerator units). You may bring limited snacks (water, fruit, popcorn, etc.) to keep in your room in the microfridge to satisfy an attack of the munchies when the cafeteria is not open.

The University Bookstore located on LRC 3 carries limited snacks that you can purchase throughout the week as well. Their hours are 8:00 a.m. to 5:00 p.m. daily. They also carry gift items and souvenirs.

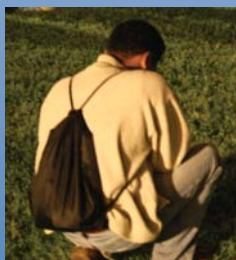
Sponsors, please make sure the microfridges in each of your rooms are clean upon checkout. Remember to provide guidance to your students on what is microwavable. Units not clean upon checkout will incur fines.

*ID

As a registered participant of Christian School Finals Competition you will wear an identification wristband for the week, which is your access to all campus facilities. The wristbands may be removed during events in which you are competing.

SCHOOL SPIRIT

A banner representing your school may be displayed in Christ's Chapel for the week. Please turn your school banner in at the Fireside Room by 2:00 p.m. Sunday. And speaking of school spirit, we want you to cheer on your team members during sporting events or at other appropriate times, however, artificial noisemakers and musical instruments are not permitted.



BE THE LIGHT

BE THE SALT



DRESS TO IMPRESS

Students are expected to dress modestly and neatly at all times. For services and events held in the Chapel building, the following guidelines are to be observed:

- Men should wear collared shirts and dress pants, suits or sport coats and ties.
- Women should wear blouses and skirts no more than 3" above the middle of the knee including the slit, dresses, skirts, dress pants, suits, etc. Capri pants are appropriate attire.
- With the exception of Friday's Commissioning Service, t-shirts are not appropriate for men or women at services/events held in the Chapel.

Shorts may not be worn in the ORU Library. Neither shorts nor jeans may be worn at services held in the Chapel. For a complete list of dress guidelines, please refer to page 10 in the Competition Handbook.

TRACK MEET

The Jenks High School Track will host the track meet Tuesday evening. The track is located at the corner of 5th Street and F Street in Jenks; maps will be provided. If you have flown to CSFC, please make arrangements to travel to the track or ask another school to help. Dinner will be served at the track meet. All schools are required to attend the track meet. CSFC uses the Runnecard software to schedule the meet. Instructions were sent to school administrators by e-mail. Enter students' best times and distances for track and field events recorded on Form D submitted with Group I forms. The runnecard software will seed the athletes for the meet.

CROSS COUNTRY, GOLF AND BASEBALL

The Cross Country, Golf and Baseball events have been moved to Monday.

- Cross Country is scheduled to begin at 7:00 a.m. Cross Country teams should meet at the Upper Lot.
- Baseball will be held at Jenks High School, in Jenks. The baseball game will begin at 9:00 a.m.
- Golf will begin at 3:00 p.m. and will be played at Lit'l Links Golf Club.

If your school is participating in baseball or golf, please make arrangements to arrive at the designated location in time to participate. Detailed directions to Jenks High School and Lit'l Links are in the Survival Guide and will be reviewed at the Coaches Meeting Sunday evening. Also, schools are invited to travel to the Jenks stadium to

watch the ball game on Monday morning.

PHONE HOME

Phone lines will be available in the dorm rooms for you to place and receive local and toll free calls, so you and your roommate may want to bring a phone and standard phone wire to plug in. You may also want to bring a prepaid long distance calling card. Please note that voice mail will not be available.

Sponsors, we need to be able to contact you at all times during the day and night. Please bring a cell phone that has coverage in Tulsa and leave your contact number(s) at the Information Desk in the Fireside Room.

NOURISHING THE BODY

Please take note of the meal times during Competition.

Breakfast: Monday – Friday 7:00 a.m. to 8:30 a.m.

Lunch: Monday – Friday 11:00 a.m. to 1:00 p.m.

Dinner: Sunday – Thursday 5:00 p.m. to 7:00 p.m.

Note: Tuesday dinner will be at the Track Meet.

An Awards Banquet will be held Friday evening at CityPlex Towers on the 60th Floor. The Awards Banquet will begin at 6:00 p.m. Following dinner the Awards Ceremony will be held. There will be no dinner served in the cafeteria Friday evening.

VEHICLE PARKING & REGISTRATION

Only authorized school vehicles will be permitted to park on the ORU Campus during the Competition. Upon arriving on campus, all vehicles must be registered in the Fireside Room.

The south end of the Lower Lot has been designated for Trailer parking. Signs are posted for direction. Personal vehicles of students are not allowed and should not be driven to campus. Students are required to remain with their schools and under the supervision of their sponsors for the entire Competition.

EMERGENCY CONTACT INFORMATION

Competition Headquarters

Fireside Room.....918.495.7490

Open daily 7:00 a.m. to 10:00 p.m.

ORU Security.....918.495.7750

Open 24 hours, 7 days per week

RUN THE RACE



LIVE OUT LOUD

BE THERE

The following events are mandatory, all participants must attend:

- Welcoming Service.....Sunday night
- Outdoor Worship & Prayer.....Monday night
- Track & Field Competition.....Tuesday night
- Chapel Service.....Wednesday night
- Talent Showcase.....Thursday night
- Commissioning Service.....Friday morning
- Awards Banquet/Ceremony.....Friday night

IMPORTANT REMINDERS

- 1) With any event added, changed, dropped or missed a \$10.00 fee is incurred.
- 2) There is storage available for musical instruments and other musical equipment at Timko Barton. Please make sure your items are clearly labeled and are stored as directed by the building monitor. Access to the storage may be limited. Instruments may be stored on Sunday afternoon between 2:30 p.m. - 5:00 p.m.
- 3) Form Q - Request to Borrow Music Equipment was due May 14. If Form Q was not submitted by the deadline and a school needs to borrow equipment for Competition events, please notify the Competition Office immediately.
- 4) Coaches Meeting will be held before the Welcoming Service on Sunday night at 7:00 p.m. in the Holy Spirit Room in Christ's Chapel.
- 5) Expected Arrival Time - please notify the Competition Office of your expected arrival time on Sunday, May 23 for Registration Check-in. Check-in is scheduled for 10:00 a.m. to 4:00 p.m.
- 6) Form K - Team Decathlon Registration is due by noon Friday, May 21, 2010 in the Competition Office. The form may be faxed to 918.495.7305 or sent by e-mail. Each school is encouraged to participate in the Team Decathlon. See the pages 11-12 in the Competition Handbook for information on the Team Decathlon registration criteria. Entry into the Team Decathlon will not be accepted after May 21.

7) Please be prepared to provide the following forms at Registration Check-in:

- Form L - Dropped Events
- Form L1 - Added Events
- Form M - Consent for Medical or Dental Care of a Minor (2 signed copies - must be in English and printed or typed)
- Form N - Insurance verification & Final List of Participants
- Form O - Student Responsibility Form
- Form P - Sponsor Responsibility Form
- Liability Release Forms
- Eligibility Forms for Cross Country, Cheerleading, High Jump and Weight Lifting, if applicable.
- Balance of Registration fees - these will be calculated at Check-in
- Key deposit of \$25 per room key (this should be paid as a separate check from the registration fees, as this will be refunded once keys are returned).

8) Administrators Meeting Sunday afternoon at 4:00 p.m. in Zoppelt. At least one sponsor from each school is requested to attend this brief meeting.

9) Emergency Protocol has been established should any participant be diagnosed with a highly contagious infectious disease. Guidelines will be distributed at Registration Check-in. **Please plan to provide a telephone in the quarantined individual's room. The ORU nurse will periodically check on the individual by telephone. ORU does not provide telephones.**



LIVE LIKE HIM

ORU Christian School Finals Competition

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E-mail: competition@oru.edu

<http://competition.oru.edu>