

ORAL ROBERTS UNIVERSITY  
 DEGREE: **Bachelor of Science**  
 MAJOR: **Health and Physical Education (HPE)**

DEGREE PLAN SHEET 2011-2012  
**College of Science and Engineering**  
 in cooperation with the  
**College of Education**

TOTAL HOURS REQUIRED 128  
 Hours in general education 55  
 Hours in major 33  
 Hours in professional education 26  
 Electives 14

Name \_\_\_\_\_  
 Z No. \_\_\_\_\_ Date \_\_\_\_\_  
 Telephone \_\_\_\_\_ Email \_\_\_\_\_  
 Advisor \_\_\_\_\_

SEMESTER TAKEN	COURSE CODE	COURSE TITLE	CREDIT HOURS	SEMESTER TAKEN	COURSE CODE	COURSE TITLE	CREDIT HOURS
<b>FRESHMAN Semester 1</b>				<b>FRESHMAN Semester 2</b>			
___ F	BLIT 110	Survey of Old Testament Literature	3	___	COMP 102	Reading and Writing in Liberal Arts	3
___	PSC ___	Physical Science (Lecture and Lab)	4	___ S	HUM ___	Humanitas Elective	3
___	PED 203	Foundation and Methods of Education	3	___ S	BLIT 120	Survey of New Testament Literature	3
___	PED 111/121	Field-Based Experience	1	___	COM 101	Oral Communication	3
___ F	HUM 101	Humanitas	3	___	GOV 101	American Government	3
___	HPE 070	Swimming Proficiency	0	___	PRF 001	Language 102 or proficiency	0
___	HPE 001	Health Fitness I	1	___	HPE 002	Health Fitness II	1
___	PED 100	Education Seminar	0	___	PED 100	Education Seminar	0
___	GEN 099	Whole Person Assessment	0				16
			15				

Language 102 or Proficiency for Level 102 before PED Interview

Pass Oklahoma General Education Test (OGET) before PED Interview

<b>SOPHOMORE Semester 3</b>				<b>SOPHOMORE Semester 4</b>			
___	HPE 319	Applied Anat. and Phys. (Lec and Lab)*	4	___	___	Social Sciences Elective (see back)	3
___ F	HUM ___	Humanitas Elective	3	___	MAT 151	Mathematics and Society	3
___ F	THE 103	Spirit-Empowered Living	3	___ S	HUM ___	Humanitas Elective	3
___	HPE 200	Introduction to HPE	3	___	HIS 101	American History	3
___	HPE ___	Theory and Analysis Choice	2	___	HPE 233	Safety and First Aid	3
___ F	PED 222	School Health Care	1	___	HPE ___	Theory and Analysis Choice	2
___	HPE ___	HPE Activity	0.5	___	HPE ___	HPE Activity	0.5
___	PED 100	Education Seminar	0	___	PED 100	Education Seminar	0
			16.5				17.5

Portfolio Review--Phase I

<b>JUNIOR Semester 5</b>				<b>JUNIOR Semester 6</b>			
___	HPE 320	Prevention and Care of Sports Injuries	3	___	___	Elective	3
___	HPE 324	Exercise Physiology	3	___	HPE 316	Kinesiology and Biomechanics	3
___	HPE 314	Motor Learning, Games, and Adaptive P. E.	3	___	HPE 231	Personal Health Science	3
___	HPE ___	Theory and Analysis Choice	2	___	HPE ___	Theory and Analysis Choice	2
___	HPE ___	HPE Activity	0.5	___	HPE ___	HPE Activity	0.5
___	___	Elective	4	___	HPE ___	Theory and Analysis Choice	2
___	PED 100	Education Seminar	0	___ S	PED 306	Pedagogy II	4
___	___	Elective	3	___	PED 100	Education Seminar	0
			18.5				17.5

Portfolio Review--Phase II

<b>SENIOR Semester 7</b>				<b>SENIOR Semester 8</b>			
___ F	PED 305	Pedagogy I	4	___	HPE ___	HPE Activity	0.5
___	HPE 452	HPE Methods and Evaluation	3	___	PED 475	Intern/Student Teaching (Elem.)	5
___	COMP 303	Critical Reading and Writing	3	___	PED 495	Intern/Student Teaching (Sec.)	5
___	___	Elective	4	___	PED 361*	Professional Education Seminar/Portfolio	0
___	HPE ___	Theory and Analysis Choice	2	___	PED 100	Education Seminar	0
___	HPE ___	HPE Activity	0.5	___	___	Elective	3
___	PED 100	Education Seminar	0				13.5
			16.5				

\*If receiving financial aid, full-time status is required; therefore, you must choose 1 credit option for PED 361 plus an HPE activity course.

Portfolio Review--Phase III

F (Fall only)

S (Spring only)

\*Courses offered every odd fall or even spring semester

\*\*Courses offered every even fall or odd spring semester

Student's Signature \_\_\_\_\_

Date \_\_\_\_\_

Advisor's Signature \_\_\_\_\_

Date \_\_\_\_\_

Approved: \_\_\_\_\_

**Bachelor of Science in Health and Physical Education      2011-2012**  
**School Teaching Licensure**

<u>General Education</u>		<u>School of Education</u>	<u>Hours Required</u>
GEN	099	Whole Person Assessment	0
COMP	102/303	English	6
PRF	001	Foreign Language Proficiency Exam or 102 Level	0
COM	101	Oral Communication	3
HUM	101/____	Humanitas and Humanitas Electives	12
	____/____		
BLIT	110	Survey of Old Testament Literature	3
BLIT	120	Survey of New Testament Literature	3
THE	103	Spirit-Empowered Living	3
PSC	____	Physical Science (Lecture and Lab)	4
HPE	319	Applied Anatomy and Physiology (Lecture and Lab)	4
____	____	Social Sciences Elective (Choose one: PSY 201, MUS 208, SWK 202, SOC 101, SOC 201, SOC 323, BUS 101, FIN 244)	3
HIS	101	American History	3
GOV	101	American Government	3
MAT	151	Mathematics and Society	3
HPE	____	Health, Physical Education, Recreation (HPE I & II, First Aid and CPR, swimming proficiency and 5 elective courses)	5
<b>General Education Total</b>			<b>55</b>
<b>Major</b>			
HPE	200	Introduction to HPE	3
HPE	231	Personal Health Science	3
HPE	233	Safety and First Aid	3
HPE	314	Motor Learning, Games, and Adaptive P. E.	3
HPE	316	Kinesiology and Biomechanics	3
HPE	320	Prevention and Care of Sports Injuries	3
HPE	324	Exercise Physiology	3
Choice of 6 of the following:			12
HPE	228	Theory of Coaching	2
HPE	318	Psychology of Sport	2
HPE	358	Theory and Analysis of Teaching Golf	2
HPE	359	Theory and Analysis of Teaching Tennis/Pickleball	2
HPE	360	Theory and Analysis of Teaching Softball/Basketball	2
HPE	353	Theory and Analysis of Teaching Soccer/Volleyball	2
HPE	354	Theory and Analysis of Teaching Tack and Field/Weight Training	2
HPE	356	Theory and Analysis of Teaching Aquatics	2
HPE	357	Theory and Analysis of Teaching Football/Badminton	2
<b>Major Total</b>			<b>33</b>
<b>Professional Education</b>			
PED	100	Education Seminar	0
PED	121/111	Field-Based Experience/Practicum	1
PED	203	Foundations and Methods of Education	3
PED	222	School Health Care (Fall only)	1
PED	305	Pedagogy I	4
PED	361	Professional Education Seminar/Portfolio	0
PED	306	Pedagogy II	4
HPE	452	____	3
PED	475	Intern/Student Teaching (Elementary)	5
PED	495	Intern/Student Teaching (Secondary)	5
<b>Professional Education Total</b>			<b>26</b>
<b>Electives</b>			
____		Elective	
____		Elective	
____		Elective	
			<b>14</b>
<b>Degree Total</b>			<b>128</b>

Student Assistantship Requirement

All majors must complete one assistantship.

Activity Completed \_\_\_\_\_ Date \_\_\_\_\_